

GKM VIDYASHRAM SENIOR SECONDARY SCHOOL, NEW PERUNGALATHUR

CHENNAI-63

FOOD FEES : RS 15000/optional

KINDLY GO THROUGH THE MENU AND REGISTER YOUR WARDS NAME IF YOU NEED WITH IF ANY FOOD ALLERGY

DAY	BREAKFAST	LUNCH
MONDAY	Poori or Ragi Semiya + Fruit	Parruppu Rice+curd rice+ Porial+Pappad
TUESDAY	Cereals/milk or Chappathi+fruit	Fried Rice+curd rice+Porial+Pappad
WEDNESDAY	Pongal+vada+fruit	Sambar Rice + Curd Rice+porial+pappad
THURSDAY	Idiyappam or Idli+fruit	Tomato Rice +Curd Rice+porial+pappad
FRIDAY	OatsorKichadi/fruit	Lemon Rice+curdrice+porial+pappad